



College Advice Seminar

May 23, 2-4PM CT

Host: Andrew Cai



- Clements High School
- MIT '25
- Intended major: Mathematics

HS Experience:

- Math competitions + research: MOP, HMMT combo winner, MIT PRIMES
- Active involvement in Science Olympiad, Science Bowl, and USACO
- Founded Math Divulged
- Mathcounts Scholarship Recipient

Panelist: Amy Zhou



- Clements High School
- Stanford '25
- Intended major: Mathematics

HS Experience:

- Math + physics competition and research
- Junior classical league
- Varsity dance team
- Founded the Houston Teen Science Cafe



Panelist: Annie Zhu

- Bellaire High School
- Stanford '25
- Intended major: CS or Symbolic Systems

HS Experience:

- Food insecurity: Co founded Fresh Hub
- Computer Science: President of Girls Who Code, participated in USACO, created apps
- Else: counselor at HSMC, Mayor Youth Council, Go Neighborhood Steering Committee Member



Panelist: Bella Xu

- Clements High School
- MIT '25
- Intended major: Computer Science

HS Experience:

- Math competitions, Canada/USA
Mathcamp, USACO
- Cybersecurity competitions (CyberPatriot
and various CTFs)
- Started cybersecurity teams+lessons at
school/school clubs

Panelist: David Tang



- Bellaire High School
- Princeton '25
- Intended major: Politics or Economics

HS Experience:

- Governor of Texas Junior State
- President of local High School Democrats Chapter
- Involved in local politics, canvassed for local and state candidates/officials

Panelist: Naail Lakhani



- Dulles High School
- MIT '25
- Intended Major: Physics and Computer Science

HS Experience:

- Intel ISEF Special Award Winner (2019)
- Regeneron ISEF Finalist (2020)
- Summer Science Program in Astrophysics (2020)
- Gates Scholar (2021)

Panelist: Shirley Zhu



- Bellaire High School
- Harvard '25
- Intended major: Computer Science

HS Experience:

- Fighting food waste and food insecurity
- Math competitions, math research (HSMC)
- Computer Science competitions (USACO) NCWIT
- Student Council and Women in STEM



Panelist: Sophie Suo

- Clements High School
- MIT '25
- Intended major: Math with Computer Science

HS Experience:

- Math competitions, Ross math camp
- Computer Science competitions (USACO, NCWIT), computer science research
- Founded Camp Java Chip to teach young students programming
- Leader in Girls in Computing Club, Computer Science Club

1. How do I work efficiently?
How do I manage my time
and deal with stress?

2. How do I perform well in school and on standardized tests (SAT, ACT)?

3. How do I figure out which responsibilities to prioritize? What's more important: school, clubs, competitions, SATs?

4. How do I portray myself effectively in my college application?

5. How do I get good recommendations? How do I create a resume?

6. How do I begin my college applications?
Which schools should I apply for, and how
can I finish them on time?

7. How can I improve my performance
or get more involved in STEM
competitions?

8. How do I get involved in STEM research?

9. How do I get involved in community service and outreach, especially in areas I'm passionate about?

10. How do I lead an organization effectively, and what community service awards are there?

11. How do I get more involved in, begin, or take leadership in school clubs?

12. How do I find and apply for scholarships?

Open Q&A!

**Thank you for
coming!**